



Supporting Children with ADHD

A Family-Centered Approach

This workshop is designed to support families, caregivers, and educators to better understand ADHD and how it may impact children in their everyday lives. Together, we will explore what ADHD means for children and their families, with a focus on strengths, wellbeing, and practical strategies that enable children to live with confidence, joy, and meaning.

When and Where



Thursday, 30th October 2025



9:30 AM – 12:30 PM



UnitingCare Kippax, 130 Hardwick Cres, Holt ACT 2615

What to Expect

- ✓ **Build understanding of ADHD** and how it can affect learning, play, relationships, and daily routines
- ✓ **Share practical strategies** that encourage children's participation, independence, and confidence in home, school, and community settings
- ✓ **Talk through first steps** in navigating therapy and appointments, so families feel more confident and prepared
- ✓ **Address common myths** about ADHD, including the idea that medication is the only option, and share a balanced view of supports available
- ✓ **Provide up-to-date information** and guidelines to help families make informed choices that suit their child and family
- ✓ **Friendly advocacy and support services desk**
- ✓ **Participation certificates, resource packs, tea and lunch**



REGISTER NOW



<https://tinyurl.com/alliedhealth2025>

Presenters:

- ✓ **Alanna Jinks**
Speech Pathologist & Team Leader
- ✓ **Fran Price**
Psychologist
- ✓ **Harley Valerius**
Occupational Therapist

