



# Understanding Behaviour Challenges

*in Day to Day Life*



**A workshop for parents and carers**

✓ **Child-friendly**

✓ **In-person or Online**

Behaviour can be overwhelming and stressful. This workshop will help you understand what your child's behaviour is trying to tell you, and how to respond in helpful ways.

## What to Expect

- ✓ **Behaviour is a form of communication:** Learn how children use behaviour to express needs, feelings and frustrations.
- ✓ **Understanding skill gaps and challenging behaviour:** Discuss how delays in skills, such as communication or play skills, can lead to difficult behaviour.
- ✓ **Functions of behaviour:** Understanding why behaviour happens, not just what it looks like.
- ✓ **Information about services** that help you build practical skills and strengthen connection & communication with your child.
- ✓ Useful **resources & information packs** for in-person attendees
- ✓ Enjoy **refreshments & a relaxed chat** with presenters after the session

## Register here

**Want to attend online?**

Email [village@kippax.org.au](mailto:village@kippax.org.au) for the access link.



## When and where

**Date:** Friday 27 March 2026

**Time:** 10:00 am - 12:00 pm

**Location:** UnitingCare Kippax  
130 Hardwick Crescent, Holt, ACT

## Presenters

**Sumit Behl**

Behaviour Analyst

**Jason Untario**

Behaviour Analyst

**Allie Roberston**

Parenting Engagement Officer  
Connect & Grow



**You can register over the phone or email below**

 02 6254 1733

 [village@kippax.org.au](mailto:village@kippax.org.au)